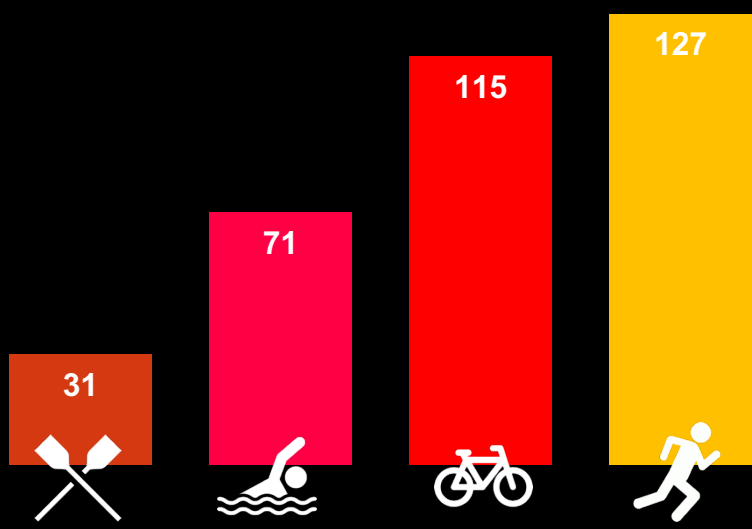


TOP 3 STATES

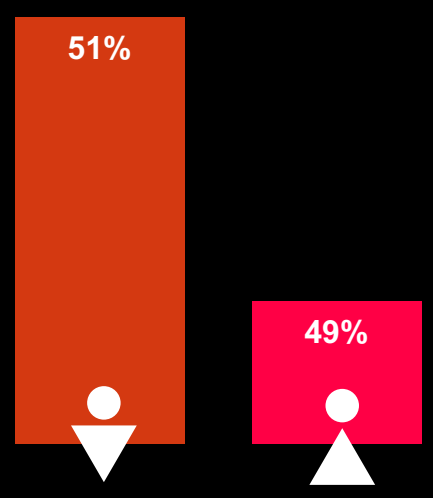


MODES TO ESCAPE



Number of people Escaping per discipline

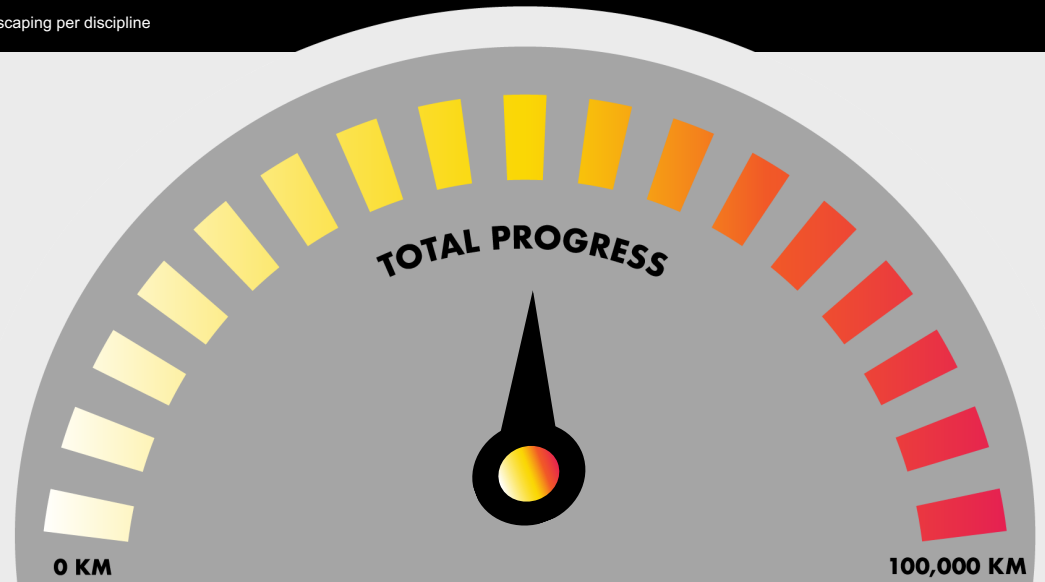
GENDER

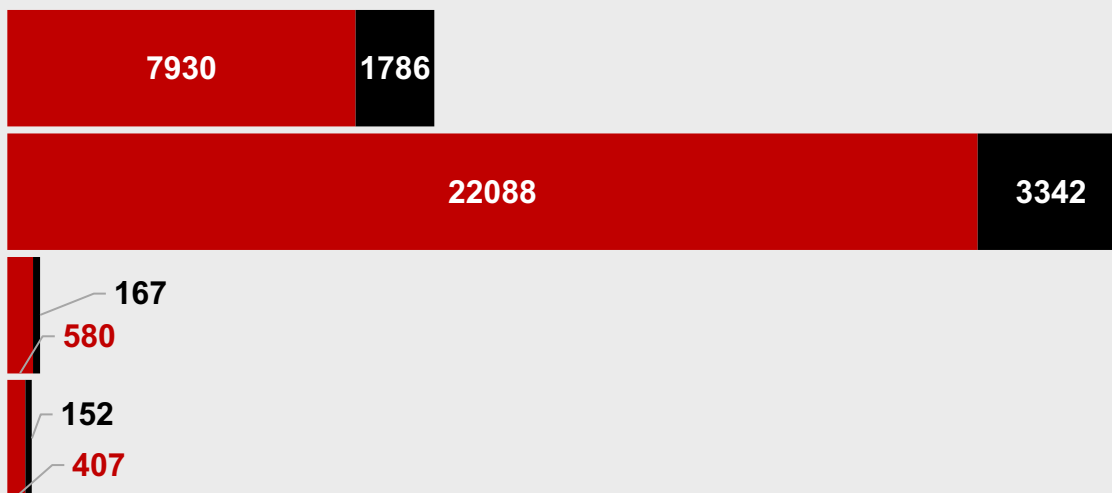


38,000+ KM

**Keep it up!
We only have 9 days remaining
to ESCAPE!**

*Note: there was a discrepancy in accuracy of KMs logged last week.





■ SOLO
■ RELAY

PROGRESS BY DISCIPLINE (KM)

ESCAPE SPOTLIGHT

Silvia Santilli has taken the lead with the furthest Escape so far with just under 990 KM total - she is closing in on Columbia, SC! She also holds the lead in the furthest Escape by bike (over 795 KM) and swim (over 86 KM)!

Run - Takashi Nakamura continues to hold the furthest Escape with just under 460 KM - he has made it past Daytona Beach and on his way to St. Augustine!

Row/Paddle - Bernardo Isacovici has taken the lead for the furthest Escape with over 85 KM - he has made it up the coastline and inching closer to Delray Beach!

Team Guardia continues to hold the lead in the relay team competition with a cumulative Escape of just under 1360 KM - together they are closing in on the Virginia border!

**Distances reported are not live - results may have changed since data was pulled.*

MIAMI ESCAPE ROUTE SUGGESTION

Robert Was Here – 66 Miles

Rack up those miles - only 9 days left in the #EscapeMiami challenge!

