



TRAFFIC ADVISORY

ESCAPE TO MIAMI TRIATHLON PRESENTED BY VOLER
SUNDAY, SEPTEMBER 22nd, 2019 at 7:00AM
 Expecting more than 2,000 participants

MIAMI, FL – The following lane closures will take place **Sunday, September 22nd, 2019** for the 14th year of the Escape to Miami Triathlon presented by Voler and produced by Life Time - Media & Events. The race will begin at 7:00AM at Escape Island and Margaret Pace Park. Traffic will be closed and managed by the City of Miami and City of Miami Beach Police Departments.

ROAD CLOSURES

ROAD USE	TIME ESTIMATES	DIRECTION OF BIKERS
N Bayshore Drive	7:00-12:00PM	both Northbound & Southbound Lanes (13th - 19th ST)
NE 2nd Ave	7:05-11:15AM	both Northbound & Southbound Lanes (18th - 36th ST)
Julia Tuttle Causeway	7:20-10:15AM	1 Eastbound Lane & Shoulder
Alton Rd to N Michigan Ave	7:35-10:15AM	1 Northbound & 1 Southbound Lane
Julia Tuttle Causeway	7:40-11:00AM	1 Westbound Lane & Shoulder
NE 2nd Ave	7:50-11:10AM	both Northbound & Southbound Lanes (38th - 47th ST)
MacArthur Causeway	8:20-11:55AM	1 Westbound Lane & Shoulder (Bridge Rd – N Bayshore Dr)
MacArthur Causeway	8:20-11:55AM	N Bayshore Drive Exit Ramp

***There will be a rolling re-opening of the streets following the last athlete**

We kindly ask you please distribute this information to residents and/or hotel guests to provide them with the information needed on road closures, estimated delays and traffic advisories for the area on race morning.

If you have any questions please feel free to contact us at:

flevents@lifetimefitness.com

Call 305.278.8668

Or visit www.escapetomiamitriathlon.com

Thank you in advance for your anticipated support and we encourage you all to come out and cheer on the members of your community as they brave the waters just off of Margaret Pace Park and head inland from the infamous Escape Island!



COURSE MAP

International Route

SWIM - 1.5KM/0.9Mi
Bike - (2 Laps) 40KM/24.8Mi
Run - 10km/6.2Mi

Sprint Route

Swim - 0.4KM/0.25Mi
Bike - 21KM/13Mi
Run - 5Km/3.1Mi

Swim Bouys



Ferry Route



Bike



Run



Swim

